

Pajaro Valley Shelter Services
35th Annual

Mother's Day Run/Walk for Shelter

Sunday, May 12th, 2019

Ramsay Park, Watsonville, CA 95076



Rain or shine!
Strollers permitted!
Sorry, no dogs allowed.

RACE INFORMATION

Registration: Race day registration and bib pick-up starts at 7:00am, Sunday, May 12th, 2019.

Bibs are not transferable. Registration fees are non-transferable & non-refundable.

Fees: A Registration Form is required for EACH participant. (1 T-shirt included with registration for first 700 runners)

10K Run & 5K Run/Walk: **\$30** until 3/31; **\$40** until 5/5; **\$50** through 5/12

1K Kids' Fun Run: **\$20** until 5/5; **\$25** through 5/12

Race Start Times: 1K Kids' Fun Run @ 7:45am; 5K Walk @ 8:00am; 5K Run @ 8:00am; 10K Run @ 8:45am. **COURSE CLOSSES AT 10:15am.**

Course: The course is certified: computerized time results will be announced on the day of the event & on our website www.pvshelter.org.

All runs and walks start and end at Ramsay Park. Course maps are available on our website.

Features: Event T-shirt included in the fee; roses for the moms; refreshments and water; music

Awards: 10K Run & 5K Run/Walk – Medals for 1st, 2nd, 3rd places, male/female winners per 5-year age division; plus gifts for the overall 1st, 2nd, and 3rd places, male/female winners, in the 10K and 5K | 1K Kids' Fun Run – Medals for 1st, 2nd, 3rd places, male/female winners per 3-year age division; accomplishment medals for all youth, 12 yrs. and under; Kids' Awards 8:30-8:45am

SECTIONS 1-4 MUST BE FULLY COMPLETED - PLEASE PRINT LEGIBLY

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Please check one: 10K Run 5K Run 5K Walk 1K Kids' Fun Run Donation only
 Registrants, please check T-shirt size: S M L XL XXL XXXL Gender: M F

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↑ **First Name** **Last Name** **Birth Date (required)** **Age (required)**
 ↑ **Mailing Address** **Apt. #**
 ↑ **City** **State** **ZIP**
 ↑ **Cell Phone (required)** **Home Phone (required)** **Email**
 ↑ **Emergency Contact Name (required)** **Contact Phone** **Relationship**
 For group participants, **Name of Business/School Group:** _____

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PAYMENT: Kids' 1K Fun Run: \$20 until 5/5; \$25 until 5/12 \$ _____
 10K / 5K: \$30 until 3/31; \$40 until 5/5; \$50 until 5/12 \$ _____
 Tax-Deductible Donation to PVSS: \$ _____
Total Due: Registration Fee and Donation \$ _____
 Check to Pajaro Valley Shelter Services (enclosed) **Cash (enclosed)** **Credit Card:** VISA MC
 Cardholder Name: _____
 Cardholder Address: _____
 Card #: _____ - _____ - _____ Exp. Date: ____ / ____ CVC: _____

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RELEASE & INDEMNITY AGREEMENT

In consideration of your accepting this entry, I hereby, for myself, and any participating children or wards of mine, my heirs, executors, and administrators, waive and release Pajaro Valley Shelter Services, the City of Watsonville, and the Santa Cruz Track Club, their respective employees, agents and contractors, and all other sponsors, officials, directors, volunteers and other persons associated with this event, from any and all claims of damages, demands, or actions whatsoever in any manner, as a result of participation in the 2019 Mother's Day Run/Walk for Shelter, and I agree to indemnify and hold harmless the above entities and persons from all liability for any injury suffered arising from this event and I assume all risk for any such injury. I attest and verify that I, and any participating children or wards of mine, are physically fit and have sufficiently trained for the completion of the event and have not been advised otherwise by a qualified medical person. Further, I hereby grant full permission to any and all of the foregoing entities to use my and any participating children or wards of mine, names and likenesses in any broadcast, telecast, video or print media of the event without compensation to me and any participating children or wards of mine. I understand that the entry fee and numbers are nontransferable.

_____ _____
 Required Participant Signature (Parent or Guardian Signature Required If Participant Under 18) Date

Please mail or deliver the registration form to Pajaro Valley Shelter Services, 115 Brennan Street, Watsonville, CA 95076, OR scan & email it to Oana at oana@pvshelter.org.